

Delaware Parents Association
Child and Adult Care Food Program
Newsletter

January 2013



Day Care Activities for Infants & Young Toddlers

Day care does more than just keep children safe while parents work. A good day-care center provides a stimulating environment that encourages each child's growth and development. As a baby grows, his needs, desires and abilities grow, and a good day-care center will change its routine by offering more advanced activities. Additionally, because young children have limited attention spans, it is important to change toys and play often throughout the day.



RECIPE OF THE MONTH

Fruit Skewers with Yogurt Dip

- 1 C strawberries, rinsed, stems removed, and cut in half
- 1 C fresh pineapple, diced (or canned pineapple chunks in juice, drained)
- $\frac{1}{2}$ C blackberries
- 1 tangerine or Clementine, peeled and cut into 8 segments
- 8 6-inch wooden skewers



For dip:

- 1 C strawberries, rinsed, stems removed, and cut in half
 - $\frac{1}{4}$ C fat-free plain yogurt
 - $\frac{1}{8}$ tsp vanilla extract
 - 1 Tbsp honey
1. Thread two strawberry halves, two pineapple chunks, two blackberries, and one tangerine segment on each skewer.
 2. To prepare the dip, puree strawberries in a blender or food processor. Add yogurt, vanilla, and honey, and mix well.
 3. Serve two skewers with yogurt dip on the

Friendly Reminders

1. 1099's will be sent out with checks. Please **DO NOT** lose. A re-placement 1099 may cost you.
2. The child's name on the monthly meal count **MUST** match the name on the enrollment DPA has on file, otherwise, you will be disallowed.
3. Please **DON'T** forget to include your infants on your monthly meal count.
4. It's the last month of the first trimester. Visits will be **unannounced**. Please be home. If you will be out, closed, etc. please contact the DPA office by phone or email. A missed visit can cause you to be disallowed.
5. DPA staff will be bringing their laptops on their visits. If you know your WI-FI password, please have it available so that the staff is able to get an internet connection. (Thanks in advance)
6. Please make sure you put your letters (P.O.S.) on your menus & your monthly meal counts, otherwise, you will be disallowed.

CHECK NEWSLETTER FOR ANY UPCOMING CACFP CLASSES!



Welcome New Provider / Center

DESTINED FOR
GREATNESS

Delaware Parents Association, Inc.

www.delparents.org



Children

Parents

Caregivers

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