

Delaware Parents Association

CACFP Newsletter

Child and Adult Care Food Program

A Special Message:

Thank you!

- ✓ *If you dropped off your claim before October 5th....THANK YOU!*
 - ✓ *If you sent your claim by carrier pigeon, dog sled, or pony express and it arrived in our office before the 5th.....THANK YOU!*
 - ✓ *If you mailed your claim on September 30thTHANK YOU!*
- To the centers that sent their claims week by week.....THANK YOU!*

Keep up the "Good" Work!

To every provider and center that understood the fact that our deadline changed and did everything within their power to get their claim and supporting paperwork to us by our new deadline....

YOU ROCK!

Monthly Recipes

Master Muffin Mix

6 cups Whole Wheat Flour
6 cups white flour
4 TBSP baking powder
2 tsp. salt
2 Cups Sugar

Whisk together and store in an air tight container.

Can be stored for up to 4 months.



Pumpkin Muffins

1/4 cup canola oil
1 cup milk
1 tsp. vanilla
1 cup pumpkin
2 cups Master Muffin Mix
1 cup oatmeal
1/4 cup brown sugar
1/2 teaspoon pumpkin pie spice (or 1/4 t. cinnamon and 1/8 t. each of clove and ginger)
1/4 teaspoon nutmeg

Mix all ingredients together. Fill muffin cups with batter. For topping, mix brown sugar with cinnamon and sprinkle on top of muffins before baking. Bake at 375 for 16 minutes.

Raspberry Muffins

1/2 Cup Canola Oil
2 Eggs
1 tsp. vanilla extract
1 Cup soy milk
2 2/3 cup Master Muffin Mix
1 Cup Frozen Raspberries crushed up Pour into muffin papers. Top with streusel (2 TBL brown sugar, tsp. butter (cold and pressed into sugar) Bake at 400 for 15 minutes, or until cooked through.

FYI (Friendly Reminders)

Your License need to be on time and in the DPA office NO LATER than the 17th of each month. If for some reason your license is running late, please have your license specialist contact Dawn Jones via email, stating that you have a current valid license.

djones@delparents.org



If your monitor arrives and you're not home, and you failed to contact the DPA office. you will be disallowed the whole day!



Please make sure all paperwork is legible and filled out completely and correct, otherwise it will be returned to you.



Remember, sweet treats can only be served at snack time, ONCE every 2 weeks.



Processed meats (bologna, kielbasa, lunch meats, etc.) can only be served ONCE in a 2week period.

If you should have any additional questions, please contact your monitor via by email or by phone!



United States Department of Agriculture



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